## **ENTERPRISE SENIOR CENTER**AUGUST 2019



Mustard | Ketchup Diet - Hot Apple Slices

A00031 2013		an elior company
TUESDAY	WEDNESDAY	FRIDAY
A suggested donation of \$3.00 is requested from seniors 60 and older.  Persons under 60 can enjoy a meal for \$7.00  Milk and bread served with all meals.		Country Fried Steak w/Country Gravy Garlic Whipped Potatoes Green Beans Mixed Green Salad Wheat Roll Seasonal Fruit Milk Margarine Salad Dressing
6	7	9
Beef Taco Salad  Beef Chili w/Beans  Shredded Cheese  Brown Spanish Rice  Tossed Salad  Tortilla Chips  Seasonal Fruit  Strawberry Fruited Gelatin  Milk  Sour Cream  Diet - Fruited Gelatin	Turkey Stew Red Potatoes Carrots with Celery Beet Salad Biscuit Tropical Fruit Milk Margarine	Homemade Meatloaf Brown Gravy Garlic Whipped Potatoes Creamed Peas Mixed Green Salad Wheat Roll Seasonal Fruit Milk Margarine   Salad Dressing Salad Dressing
13	14	16
Honey Lime Chicken Rice Florentine Fiesta Vegetable Blend Coleslaw Wheat Roll Seasonal Fruit Milk Margarine	Sloppy Joe Tater Tots Broccoli Whole Wheat Hamburger Bun Seasonal Fruit Milk Ketchup	Pulled BBQ Chicken Baked Beans Chuckwagon Corn Macaroni Salad Whole Wheat Hamburger Bun Seasonal Fruit Milk
20	21	23
Potato Crusted Pollock Au Gratin Potatoes California Vegetable Blend Coleslaw Wheat Roll Applesauce Milk Margarine   Tartar Sauce	Pork Fried Rice Japanese Vegetable Blend Napa Cabbage Wheat Roll Citrus Fruit Cup Milk Margarine	Swiss Steak Garlic Whipped Potatoes Glazed Baby Carrots Mixed Green Salad Bread Pudding Seasonal Fruit Milk Margarine   Salad Dressing
27	28	30
Turkey Noodle Bake Green Beans Mixed Green Salad Wheat Roll Hot Spiced Pears Milk Margarine   Salad Dressing	Beef Pot Roast w/Brown Gravy Scalloped Potatoes Brussels Sprouts Mixed Green Salad Wheat Roll Pears Milk Margarine   Salad Dressing	LABOR DAY MEAL  Beef Frank Chili w/o Beans Shredded Cheese Tater Tots Coleslaw Whole Wheat Hot Dog Bun Apple Blueberry Crisp Milk Mustard L Ketchup